

# Spring Pharmacology Virtual Update - Live Streaming Event Agenda

Saturday, April 10, 2021 at 8:00am CT - 5:00pm CT

**i** All times listed in Central Time (US & Canada).

Saturday, April 10, 2021

8:00am - 8:30am

## Welcome, Coalition Update

Brian K. Goodroad, DNP, APRN, CNP, FAANP President

0.5 CE Credits

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8:30am - 9:30am

## HIV and Living Well

Brian K. Goodroad, DNP, APRN, CNP, FAANP

1.0 CE Credit

Do you provide primary care or see people with HIV in your practice and you are not an HIV specialist? This session reviews important care issues for folks living with HIV for the non-HIV specialist, primary care provider.

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9:40am - 10:40am

## Asthma Medications: New (and not so new) Therapies for Patients with Asthma

Mary Ann Elder, RN, MS, FNP-C, AE-C

1.0 CE Credit

This session will begin with updates on asthma guidelines and recommendations for treatment of asthma, focusing on the 2020 GINA guidelines and the use of SMART therapy. The discussion will move on to cover the available inhaled and oral therapies as well as the newer monoclonal therapies for treatment of severe persistent asthma. The final wrap up will acknowledge the basic principle of taking care of patients: listening, establishing achievable goals, and utilizing the healthcare team and community to bring our patients to better health care outcomes.

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10:50am - 11:50am

## Is the Grass Always Greener? A Primer for Cannabis

Ann M. Phillbrick, PharmD, FCCP, BCPS, BCACP

1.0 CE Credit

This presentation, we will explore the pharmacologic pathway of THC and proposed pathways of CBD. From there, we will apply these pathways to the potential uses of THC and CBD, as well as discuss adverse effects and precautions.

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11:50am - 12:20pm

## Lunch Break

Get up! Stretch! Have some lunch!

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12:20pm - 1:20pm

## COVID: Medications to Treat and Prevent

Heather Blue, Pharm.D. BCPS

1.0 CE Credit

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1:30pm - 2:30pm

## Contraceptive Updates & Overcoming Challenges

Stephanie Delkoski, DNP, APRN, WHNP-BC and Melissa Saftner, PhD, APRN, CNM, FACNM

1.0 CE Credit

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2:40pm - 3:40pm

**Medication management of Systolic vs Diastolic Heart Failure**

Lisa Carney Anderson, Ph.D

1.0 CE Credit

Heart failure is a disease that affects over 6 million people in the United States with half of those patients experiencing a preserved ejection fraction. First the pathophysiology of heart failure will be reviewed. Evidence base for the pharmacological treatment of HFref versus HFpef is the main focus of this presentation. Finally participants will be introduced to new classifications of heart failure that take into account the heterogeneity of this disease.

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3:50pm - 4:50pm

**It's Not Just a Shot in the Dark: 2021 Vaccine Update**

Lisa Lynch Jones, MSN, APRN, CNP

1.0 CE Credit

This presentation covers ACIP recommended vaccines as well as a COVID-19 vaccine update. Participants will learn about common travel vaccines for prevention as well.

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4:50pm - 5:00pm

**Wrap up, How to claim credit**