

Spring 2024 Pharmacology LIVE Streaming Conference Event Agenda

Friday, April 19, 2024 at 7:45am CT - 5:00pm CT

i All times listed in Central Time (US & Canada).

Friday, April 19, 2024

7:45am - 8:00am

Check-In/Log-in

Log on early to test your connection.

8:00am - 8:30am

Welcome and MN APRN Coalition Legislative Update

Julie Sabo PhD, RN, APRN, CNS, FCNS

0.5 CE Credits

This session will outline the legislative priorities for the MN APRN Coalition and the processes used to achieve the legislative goals. How members can be involved will be discussed.

8:30am - 9:30am

Cannabis and the APRN: Surgical Patient Considerations

Leah Gordon DNP, APRN, CRNA Kerry Johnson DNP, APRN, CNP

1.0 CE Credit

This presentation will provide an overview on the pharmaceuticals and interactions of cannabis in relation to pre, intra, and postoperative care of patients undergoing surgery.

9:35am - 10:35am

Airing it Out - A Breath of Fresh Air About Asthma

Jared Hooser, PharmD

1.0 CE Credit

Get ready to breathe easy as we dive into the latest changes and updates found in the 2023 Global Initiative for Asthma (GINA) Guidelines for children, adolescents, and adults with asthma. We'll be discussing the evidence behind these changes and giving you practical advice for prescribing asthma medications. Let's inhale the knowledge and exhale the confusion!

10:35am - 10:50am

Break

15 minute morning break, time to refill your coffee!

10:50am - 11:50am

Supplements and Herbs in the Management of Cardiometabolic Conditions

Michelle Ullery DNP, APRN, CNP Jill Oswald, DNP, APRN, FNP

1.0 CE Credit

This presentation will focus on evaluating current research on the efficacy of dietary supplements in the management of common cardiometabolic conditions including type 2 diabetes, hypertension, and hyperlipidemia. Dietary supplements explored will include vitamins, minerals, probiotics, and herbs. Case studies will be used to apply new knowledge.

11:50am - 12:30pm

Lunch Break

Grab some lunch and we will see you back in 40 minutes

12:30pm - 1:45pm

Cooling the Heat: Pharmacologic Strategies for Managing Symptoms of Menopause

Stephanie Dalkoski DNP APRN WHNP-BC

1.25 CE Credits

This presentation will foster a deeper understanding of pharmacologic therapies for managing symptoms of menopause. Attendees will gain insight into the diverse array of symptoms experienced during the menopause transition, be able to describe the underlying hormonal changes contributing to these symptoms and explore evidence-based pharmacologic therapies for management. The mechanisms of action, clinical efficacy and safety profiles of hormonal and non-hormonal therapies will be compared and key points regarding patient education described. Unique patient cases will be explored to allow for application of knowledge of medications to real-life scenarios.

1:45pm - 2:00pm

Afternoon Break

See you back in 15 min

2:00pm - 3:15pm

GLP-1 Medications & Weight Loss

Taylor Hill, PharmD, BCACP, CDCES

1.25 CE Credits

This session will focus on the use of GLP-1 medication for patients both with and without diabetes. It will review the current diabetes and medical management of weight loss guidelines. The presentation will cover mechanism of action, pharmacokinetics, dosing titrations, trial information, and coverage considerations for the GLP-1 medication class.

3:15pm - 3:20pm

Break

Quick 5 minute stretch break

3:20pm - 4:50pm

Perinatal Mood Disorder Management

Meagan Thompson, DNP, APRN, CNM, PMHNP

1.5 CE Credits

This presentation will review the basics of perinatal mood disorders and prescribing for pregnant, breastfeeding, and postpartum people who are seeking treatment.

4:50pm - 5:00pm

Wrap Up/How to claim CE

Get the details on how to earn your CE